

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: Practical Esthetic Lab

CODE NO. : EST 201 **SEMESTER:** 3

PROGRAM: Esthetician

AUTHOR: Silvana Bassanello

DATE: May 2006 **PREVIOUS OUTLINE DATED:** N/A

APPROVED:

DEAN

DATE

TOTAL CREDITS: 6

PREREQUISITE(S): Semester 1 and 2 Courses

HOURS/WEEK: 6

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For additional information, please contact Fran Rose, Dean
School of Health and Human Services
(705) 759-2554, Ext. 2603

I. COURSE DESCRIPTION:

This course provides students with the opportunity to refine and master techniques with various esthetic services taught in the first and second semesters. These esthetic services include advanced facial treatments such as, clarifying, hydro revitalizing, distressing, and rejuvenating facial treatments with the application of various machines and products), Alpha hydroxy facial treatments, men's facial treatments, manicures, pedicures, spa manicures and pedicures, eyelash and eyebrow tinting, and full body hair removal procedures.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Perform an advanced facial treatment within one hour and 15 minutes.

Potential Elements of the Performance:

- follow step by step procedures for each of the four advanced facial treatments including clarifying, hydro revitalizing, distressing and rejuvenating treatments
- demonstrate appropriate and safe use of all facial equipment
- demonstrate the application of advanced techniques including iontophoresis and desincrustation procedures
- employ the appropriate NatureMed products for individual skin types including cleansers, toners, exfoliants, serums, masks moisturizers, and eye creams
- employ advanced mask treatments including modelage, clay, and paraffin
- complete a client skin analysis and consultation
- employ AHA exfoliation treatments for specific skin treatments
- demonstrate an appropriate facial treatment for men
- incorporate a 7-10 facial massage procedure
- incorporate aromatherapy techniques into a facial procedure
- demonstrate an eyelash and eyebrow tinting treatment

2. Demonstrate the professional image and professional conduct necessary for success in the esthetic practice.
Potential Elements of the Performance:
 - comply with the Policies and Procedures of the Esthetician's Diploma Program regarding dress code and appearance
 - comply with the Student Code of Conduct regarding behaviour
 - punctual and regular attendance to classes
 - accountability for your own academic and professional growth
 - apply the appropriate sanitation, disinfection and sterilization procedures to ensure the health and safety of yourselves and others

3. Perform a manicure within 45 minutes
Potential Elements of the Performance:
 - complete client assessment
 - follow procedures for a professional manicure treatment
 - perform a spa manicure incorporating exfoliation, paraffin and mask products
 - perform a manicure for a male client
 - perform a French manicure

4. Perform a pedicure within one hour
Potential Elements of the Performance:
 - complete a client assessment and consultation
 - follow step by step procedures for providing a professional pedicure service
 - perform a spa pedicure by incorporating exfoliation, paraffin and mask products
 - provide a pedicure service for male clients

5. Perform various waxing treatments in specific time allotments depending on area of the body being treated
Potential Elements of the Performance:
 - complete a client assessment and consultation
 - follow step by step procedures for a professional hair removal treatment
 - complete a waxing treatment within a specified time according to the area being treated
 - perform waxing treatments on a male client

III. TOPICS:

1. NatureMed Skin Care Products
2. Clarifying Facial Treatments
3. Hydro Revitalizing Facial Treatments
4. Rejuvenating Facial Treatments
5. AHA Facial Treatments
6. Destressing/Soothing Facial Treatments
7. Basic and Spa Manicures and Pedicures
8. French Manicures
9. Waxing Treatments

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Texts/supplies from previous semesters.

V. EVALUATION PROCESS/GRADING SYSTEM:

Evaluation process to be announced.

The following semester grades will be assigned to students in postsecondary courses:

Grade	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	

X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in the *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.